



How to Determine Your Ring Size

Method Using a Ring You Already Have and Our Printable Guide

- 1. Print this guide with the page scale set to 100%.
- 2. Place a ring you already have (or have borrowed, if it's for a surprise proposal or gift) on the circles to the right.
- 3. Match the inside of the ring with the circle that is closest in size. The measurements shown refer to the diameter of the inside of the ring.
- 4. If the ring falls between two sizes, order the larger size.

Notes:

• Consider the width. The wider the band, the tighter it might feel. You may need to increase the size by half a size.

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International Ring Sizing Chart

Diameter (mm)	USA & Canada	Europe	UK & Australia	Singapore & Japan	Hong Kong	Switzerland
14.1	3	44	F 1/2	4	6	4
14.3		45	G	5		5 1/4
14.5	3.5		G 1/2		7	
14.7		46	Н	6		6 1/2
14.9	4	47	H 1/2	7	8	
15.1			I			7 3/4
15.3	4.5	48	l 1/2	8	9	
15.5			J		10	9
15.7	5	49	J 1/2	9		
15.9		50	К		11	10
16.1	5.5		K 1/2	10		
16.3		51	L		12	11 3/4
16.5	6	52	L 1/2	11	13	12 3/4
16.7			М	12		
16.9	6.5	53	M 1/2	13	14	14
17.1		Ν				
17.3	7	54	N 1/2	14	15	15 1/4
17.5		55	0		16	
17.7	7.5		O 1/2	15		16 1/2
17.9		56	Р		17	
18.1	8	57	P 1/2	16		17 3/4
18.2		18				
18.3			Q			
18.5	8.5	58	Q 1/2	17		
18.8		59	R		19	19
19	9		R 1/2	18	20	
19.2		60	S			20 1/4
19.4	9.5	61	S 1/2	19	21	
19.6			Т			21 1/2
19.8	10	62	T 1/2	20	22	
20			U	21		
20.2	10.5	63	U 1/2	22	23	22 3/4
20.4		64	V		24	
20.6	11		V 1/2	23		
20.8		65	W		25	25
21	11.5	66	W 1/2	24		
21.2			Х		26	
21.4	12	67	X 1/2	25	27	27 1/2
21.6			Y			
21.8	12.5	68	Z	26		28 3/4
22		69	Z 1/2			
22.2	13	70		27		
22.4			Z+1			
22.6	13.5		Z+2			